

Parsippany-Troy Hills Township Schools

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Dear Sophomore and Parents:

Sophomore year is the ideal time to focus on maintaining good grades, building a resume, and beginning to explore potential career paths. We want you to know that the school counselors are here to help. Starting sophomore year, each student is assigned a new counselor alphabetically by last name. The counseling assignments are as follows:

Mrs. Letsch -	A-F
Mrs. Bush -	G-K (and ESL students)
Mrs. Hrobuchak -	L-Q
Mrs. Belarmino -	R-Z

Our Counseling staff will be meeting formally with sophomores after the winter break to begin exploring careers using the web-based program Naviance. In the meantime, below are a few suggestions to help make the most of sophomore year as well as information on the upcoming PSAT's.

- **The PSAT's will be taking place at PHS on Wednesday, October 11th in school for all juniors. Registration will take place online via the PHS website in the beginning of October. More specific instructions for registering will follow. Sophomores taking Honors English and Math courses will be eligible to sign up during the 2nd week of signups. First come, first serve.**
- **Keep your grades up! If you are struggling, go for extra help with your teacher and/or sign up for an NHS tutor. Tutoring forms are available in the Counseling Center.**
- **Get involved and stay involved! Consider joining a club, a sport, and volunteering. Keep in mind that if you are invited to apply for the National Honor Society based on your GPA in the spring of your junior year, you will need a minimum of 100 hours of community service in order to be eligible.**
- **The ASVAB test will be administered in December on a voluntary basis. It is an excellent career assessment tool, not just for students interested in a military career. More information about sign-ups will follow.**
- **Working papers are available through the Counseling Center. See either secretary for more information.**

The School Counseling Department looks forward to working with you and your parents as you begin your second year of high school at PHS. For even more information, check out the link for 10th graders on the PHS website under School Counselors for a month-by-month timeline for sophomore year. If you have any questions, please don't hesitate to contact your counselor.

Sincerely,
PHS School Counselors